



CSpa Wellness

TREATMENT MENU



massage therapy

Back, Neck & Shoulder Massage	60 min	R540
	45 min	R430
	30 min	R310

This massage helps to relieve tension in the neck, shoulders, upper and lower back.

Signature Aroma Massage	60 min	R540
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Aromatherapy combines the use of pure natural essential oils with healing therapeutic strokes.

Deep Tissue Massage	60 min	R540
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A deep pressure massage to relieve tension and detoxify.

Hot Stone Massage	60 min	R540
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This re-energising stone therapy massage creates a cleansing, harmonizing and relaxing effect on the body.

Pregnancy Massage**	60 min	R540
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Tailored to relieve typical pregnancy discomforts such as lower back ache and poor circulation. Keeping you and your baby's safety in mind, this treatment is only offered to Mom's beyond their first trimester.

CBD Wellness Massage**	60 min	R540
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Begin your therapeutic journey with a drop of CBD (Cannabidiol) tincture under the tongue to encourage a sense of serenity, followed by a relaxing full body massage incorporating CBD oil. This signature treatment is designed to decrease pain and inflammation whilst super-charging the immune system and promoting restorative sleep. THC Free and 100% legal.

Classic Swedish Massage	60 min	R480
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Provides a sense of well being, eases tense muscles and induces relaxation.

Pressure Point Foot Massage	30 min	R310
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Relax and balance the body through stimulation of pressure points situated on the feet.

Indian Head Massage	30 min	R320
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A detoxifying massage treatment of the head, scalp, face, neck and shoulders.

Enhance your massage with the following additions:

Upgrade your 60min Full Body Massage with an extra 30min	R250
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Add Hot Stones (Back Only)	R100
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Add on Elixinol CBD Oil**	R110
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(may be added to any treatment)

Back Scrub	R120
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Add Bellabaci Cups (Back Only)	R100
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Bellabaci Detox/Slimming Concentrate Oil	R150
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Bellabaci Deep Relax Oil	R150
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Bellabaci Muscle Support Oil	R150
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Bellabaci Revive Oil	R150
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SLIMMING

Bellabaci Cellulite Cupping Treatment	30 min	R420
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	60 min	R550
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Re-sculpt your body with the combination of cupping and hands-on massage, performed with a potent formula to detoxify, address cellulite, enhance slimming and to give your body the ultimate deep cleanse. This treatment includes a targeted liposculpting massage.

body treatments

Salt Body Scrub**	30 min	R330
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Hydrating or Detox Wrap**	45 min	R520
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HYDROTHERAPY

CSpa Sensorial Shimmer Milk	30 min	R300
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Hydrobath**		
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Thalgo Îles Pacifique Lagoon Bath**	30 min	R300
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Body Treatments and Hydrotherapy available at The Blyde, Munyaka, Thaba Eco-Village and Royal St. Andrews.



skin care therapy

Thalgo Source Marine Hydra-Strengthening Treatment

60 min R850

Suitable for any skin type, this facial will combat signs of dehydration leaving the skin softer with improved skin texture.

ThalgoMen Express Fortifying Treatment for Men

30 min R480

Revive and energise tired complexions in just 30 mins. Includes a cleanse, marine crystal scrub, energising signature acupressure and an anti-fatigue mask to reveal clearer, cleaner skin.

ThalgoMen Fortifying Facial Treatment

60 min R700

Whether your concern is dehydration, dryness, sensitivity or oiliness, this treatment provides a tailored solution for the male skin. Treatment includes a relaxing massage, leaving the skin revitalised and perfectly balanced.

Thalgo 3 Algae Facial

R580

A facial for oily/combo skin, uses the power of micronised marine algae, to rebalance and remineralise the skin leaving it clearer and purified.

Thalgo Spa Skin Facial

60 min R560

A revitalising skin treatment for all skin types. Two treatment options (i.e. Hydrating or Purifying)

Thalgo Purité Marine Purifying Treatment

60 min R560

Specifically designed for combination to oily skin, this Purité Marine treatment reduces imperfections, redefines pores and controls shine; with the optional inclusion of extractions.

Thalgo Hydra-Radiance Facial

30 min R390

Unlock the secret to perfect radiance with a treat of sensoriality and effectiveness resulting in skin luminosity.

CSpa Hydrating Facial

60 min R500

This multi-sensory, results driven skin treatment includes a luxurious facial massage and a Hydra-Boosting Aroma serum

CSpa Aroma Facial

30 min R350

CSpa's Aroma Wellness basic facial can be customised to all skin types and concerns.

THALGO EYE EXPERT TREATMENTS

Thalgo Hyalu-Procollagene Wrinkle Correcting Pro Eye Treatment Add On To Facial

R330

MEDI SPA

Thalgo Peeling Marin Treatment**

30 min R890

The 1st Marine Peel, this anti-ageing treatment combines micronised algae with glycolic and gluconic acids to deeply exfoliate and stimulate cell renewal to provide long-lasting results. Ideal for those seeking a "new skin" effect that is visible after one treatment.

OPTIPHI - Available at selected Branches

Optiphi Active Peel

45 min R700

Glycolic Acid 25%, 30% or 30|30 Peel. This peel focuses on Total Skin Rejuvenation for all skin types. Improves cellular activity, resurfaces the skin, improves skin texture and stimulates the Fibroblasts which increase the production of dermal matrix compounds.

Nano Needling Add On

15 min R300

Micro-Needling (Face Only)

75 min R1100

Micro-Needling (Face & Neck)

90 min R1300

Micro-Needling (Face, Neck & Décolleté)

120 min R1600

Micro-Needling treatments include 30min numbing time



nail treatments

MANICURES & PEDICURES

Luxe Pedicure Includes a soak, scrub, heel work, cuticle work, full foot massage, mask and paint.	60 min	R400
Luxe Manicure Includes a soak, scrub, cuticle work, full hand massage, mask and paint.	60 min	R350
Gelish Pedicure Includes soak, scrub, heel work, cuticle work, Gelish application, foot massage.	60 min	R400
Gelish Manicure Includes soak, scrub, cuticle work, Gelish application, hand massage.	60 min	R350
Gelish Dip Acrylic	45 min	R350
Nail Care & Gelish	45 min	R320
Express Pedicure Includes a soak, scrub, cuticle work, lotion application and paint.	30 min	R220
Express Manicure Includes a soak, scrub, cuticle work, lotion application and paint.	30 min	R220
Revarnish	15 min	R190
Gelish Removal	20 min	R110
Mens Nail Grooming	20 min	R180
Structure Gel Add On		R20

ACRYLIC NAIL BAR**

Natural / Colour Overlay	R350
French Acrylic Overlay	R370
Clear Tips with Overlay	R410
Full Cover Soft Gel Tips with Gelish**	R450
Full Cover Soft Gel Tips with Polish**	R400
Tips: French/Colour	R370
Acrylic Fill	R250
Nail Art (Stamp / Free Hand) Per Nail**	R30
Nail Art (Sticker) Per Nail	R4
Nail Repair	R65
Artificial Nail Removal	R150
Full Set Acrylic Sculpture**	R530
Buff and Glaze	R160

BIO SCULPTURE/POLYGEL**

Tips with Sculpture Overlay	R370
Overlay	R335
Gel Fill (Clear / French)	R305
Soak Off Gel	R150
Nail Fix (Per Nail)	R60

ADD ONS

Paraffin Dip on Hands or Feet	15 min	R100
Heel Peel Treatment	15 min	R100
Nail Re-inforcement Layer/IBX		R100

beauty treatments

WAXING (EACH*)

Lip / Chin / Brow*	15 min	R100
Underarms / Sides of Face*	20 min	R140
Bikini / Half Arm*	25 min	R200
Brazilian	40 min	R230
Hollywood	45 min	R300
Half Leg / Full Arm/ Half Chest*	30 min	R220
Full Leg	45 min	R350
Back / Chest*	45 min	R360
Full Face	30 min	R220
Lip & Brow Wax Combo	15 min	R165

THREADING**

Lip / Chin / Brow*	R95
Lip + Brow	R140
Mono Brow	R85
Full Face	R210
Brow Thread & Tint Combo	R160
Brow Thread, Brow & Lash Tint Combo	R210

TINTING

Tint Lash & Brow	30 min	R165
Tint Lashes	20 min	R110
Tint Brows	15 min	R100

LASH LIFT AND BROW LAMINATION**

Lashlift	R300
Brow Lamination	R300
Add Tint	R80
Add Brow Wax / Shape	R80



packages

The Escape **NEW** 2hr 30min R950

60min Thalgo Spa Skin Facial
60min Pedicure
30min Back, Neck & Shoulder Massage

Gents Executive **NEW** 1hr 30min R650

45min Back Massage
30min Express Pedicure
15min Head Massage

Petite Personalised Journey 1hr 30min R690

Choose any three of the treatments below:

- 30min Pressure Point Foot Massage
- 30min Back, Neck & Shoulder Massage
- 30min Indian Head Massage
- 30min Express Manicure
- 30min Express Pedicure
- 30min CSpa Aroma Wellness Facial

CBD Wellness Journey **NEW** 60 min R690

CBD Infused Tea
30min CBD Back Massage
30min CBD Radiance Facial
Includes 10mg CBD Booster Drink

Spa Taster 60 min R620

30 min Back, Neck & Shoulder Massage
30 min Thalgo Hydra-Radiance Facial

teen treatments

Cleansing Facial 30 min R340

Back Massage 20 min R210

3/4 Leg Wax 20 min R200

1/2 Leg Wax 20 min R170

Bikini Wax 20 min R140

Underarm Wax 15 min R100

Mini Lip Wax 10 min R70

cspa kids

(under the age of 12)

Candylicious Nails 30 min R210

Hands and Feet, Shape & Paint

Fruity Fun Mani 20 min R180

Happy Feet Pedi 20 min R180

Kool Kids Massage 20 min R200

Back, Neck & Shoulders, Back of Legs
and Arms

Little Miss Facial | Little Mister Facial 30 min R350

Tween Petite Package 60 min R580

Choose any three of the treatments below:

- 20min Back, Neck & Shoulder Massage
- 20min Booster Facial
- 20min Hand Treatment
- 20min Foot Treatment
- 20min Revarnish Hands and Feet

Children must be accompanied by an adult at all times. An indemnity is required to be signed for each child. Treatments for children under the age of 12.

essentials

- Prices are valid for **2023**.
- Booking in advance is recommended.
- Treatments marked ** are not available at all CSpa Wellness branches, please enquire upon booking.
- Kindly arrive 15 minutes prior to your scheduled treatment(s) to change and complete a consultation form with your therapist.
- Please alert your therapist for the following contra-indications:
 - High blood pressure or heart conditions
 - Recent surgery
 - Muscle or joint injuries
 - Allergy to iodine, or product allergies
 - Pregnancy, Epilepsy and Diabetes
- In a spirit of mutual respect we kindly request punctuality.
- Ensure cellular/mobile phones are switched off.
- Prices are subject to change without notice.
- It is at your discretion to add a gratuity, for treatment excellence.
- CSpa Wellness is not responsible for any theft, damage, loss or misfortune that may occur.
- Please note that products bought at our spas are not refundable.

cancellation policies

4 Hours advance notice is required for cancellations and rescheduling. If this is not adhered to, 50% of the treatment fee will be charged.

Late arrival will result in a reduction of treatment time whilst the full treatment fee will apply.



branches

Amsterdam

012 942 9563 | amsterdam@camelotwellness.co.za

Amsterdam, Corner Jacaranda & Amsterdam Drive, Olivedale, Johannesburg

The Blyde

010 541 0564 | theblyde@camelotwellness.co.za

Bronkhorstspuit Road, Willow Park Manor, Pretoria

Greenstone Ridge

064 625 5059 | greenstoneridge@camelotwellness.co.za

Greenstone Ridge, Stoneridge Drive Cnr Emerald Boulevard, Greenstone Park, Johannesburg

Kikuyu

010 541 0002 | kikuyu@camelotwellness.co.za

Cnr of Maxwell Drive and Old Pretoria Road, Waterfall, Midrand, Johannesburg

Munyaka

010 541 0578 | munyaka@camelotwellness.co.za

Mia Drive, Waterval City, Midrand, Johannesburg

The Reid

010 541 0840 | reid@camelotwellness.co.za

28 Reid Ave, Linbro Park, Sandton, Johannesburg

Thaba-Eco Village

010 541 2464 | thaba@camelotwellness.co.za

Lifestyle Centre, Lower Level, Kliprivier Drive, Rietvlei, Johannesburg South

Westlake

010 541 0822 | WhatsApp 076 976 0465

westlake@camelotwellness.co.za

Westlake Eco-Estate, Lifestyle Centre, Westfield Road, Modderfontein, Johannesburg

The Whisken

010 541 0596 | whisken@camelotwellness.co.za

Corner of Whisken and Ethel Road, Kyalami

Ballito Hills Lifestyle Estate

010 541 1760 | ballitohills@camelotwellness.co.za

Hills Avenue, Ballito

De Zicht

010 541 0833 | dezicht@camelotwellness.co.za

Sylvia St, Richwood, Cape Town

Fynbos Lifestyle Estate

021 541 0386 | fynbos@camelotwellness.co.za

282 Tryall Road, Milnerton Rural, Cape Town

The Huntsman

021 541 0027 | huntsman@camelotwellness.co.za

Macassar Road, Somerset West, Cape Town

Khoroni Hotel

015 960 1444 | khoroni@camelotwellness.co.za

Khoroni Hotel, Mphephu Street, Thohoyandou

Royal St. Andrews Hotel

046 604 5400 Spa Ext. 5419 | spa@rsah.co.za

19 St. Andrews Road, Port Alfred

head office

For more information, visit our website
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