



CSpa Wellness

- PREMIUM -

TREATMENT MENU





massage therapy

Deep Tissue Massage	60 min	R870	A deep pressure massage to relieve tension and detoxify.
Aromatherapy Massage	60 min	R850	Promotes healing, well-being and relaxation using pure essential oils and light massage strokes.
Hot Stone Massage	60 min	R850	This re-energising stone therapy massage creates a cleansing, harmonizing and relaxing effect on the body.
Signature CBD Wellness Massage	60 min	R850	Begin your therapeutic journey with a shot of CBD oil to encourage a sense of serenity, followed by a relaxing full body massage incorporating CBD oil. This signature treatment is designed to decrease pain and inflammation whilst super-charging the immune system and promoting restorative sleep.
Swedish Body Massage	60 min	R810	Provides a sense of well being, eases tense muscles and induces relaxation.
Pregnancy Massage	60 min	R810	A relaxing massage experience tailored to relieve typical pregnancy discomforts such as lower back ache and poor circulation. This treatment is not available for Moms within their first trimester.
Back, Neck & Shoulder Massage	60 min	R800	This massage helps relieve the tension in the neck, shoulders, upper and lower back.
	45 min	R650	
	30 min	R480	
Pressure Point Foot Massage	45 min	R650	Relax and balance the body through stimulation of pressure points situated on the feet.
	30 min	R480	
Indian Head Massage	30 min	R500	A detoxifying massage treatment of the head, scalp, face, neck and shoulders. This is a deeply relaxing massage combined with stimulating techniques, bringing about many beneficial results.

ENHANCEMENTS

Upgrade your 60min full body massage with an additional 30min	R340
Add on CBD Oil (may be added to any treatment)	R140
Add a Back Scrub	R140
Add Hot Stones (back only)	R120
Add Bellabaci Cups (back only)**	R120
Bellabaci Detox/Slimming Concentrate Oil	R160
Bellabaci Deep Relax Oil	R160
Bellabaci Muscle Support Oil	R160
Bellabaci Revive Oil	R160

skin care therapy

THALGO SKIN CARE

Silicium Marin Super Lift Treatment	60 min	R2 750	A wrinkle lifting face, neck and décolleté treatment with double-masks. An infused sheet mask is activated on application and followed by a cryo-firming mask with dermal stimulation massage techniques including Dermastim+ massage.
Hyalu-Procollagene Wrinkle Correcting Treatment	60 min	R2 150	The first Thalgo wrinkle-by-wrinkle treatment combining hyaluronic acids & marine pro-collagen using Roller Boosters, with targeted action on even set-in wrinkles; for visible effectiveness, from the 1st treatment.
Cica Marin Soothing Repairing Treatment	60 min	R1 250	An SOS treatment with marine prebiotics to repair, soothe and strengthen sensitive or weakened skin.
Source Marine Hydra-Strengthening Treatment	60 min	R1 200	This facial corrects the hydration levels of the skin, deeply replenishing and restoring the skin's velvety-smooth feel and radiance. This treatment includes a revitalizing Infusion mask.
3 Algae Facial	60 min	R1 150	A facial for oily/combo skin, uses the power of micronised marine algae, to rebalance and remineralise the skin leaving it clearer and purified.
Spa Skin Facial	60 min	R870	This classic facial is tailored to meet the specific needs of all skin types. Two treatment options (i.e. Source Marine or Cold Cream Marine Ritual).
Purité Marine Purifying Treatment	60 min	R870	Specifically designed for combination to oily skin, this Purité Marine treatment reduces imperfections, redefines pores and controls shine; with the optional inclusion of extractions.
Express Radiance Booster Facial	30 min	R660	Unlock the secret to perfect radiance with a treat of sensoriality and effectiveness resulting in skin luminosity.

THALGOMEN

ThalgoMen Facial Treatment	60 min	R1 200	Whether your concern is dehydration, dryness, sensitivity or oiliness, this treatment provides a tailored solution for the male skin. Treatment includes a relaxing massage, leaving the skin revitalised and perfectly balanced.
Express Treatment For Men	45 min	R880	Revive and energise tired complexions in just 30 mins. Includes a cleanse, marine crystal scrub, energising signature acupressure and an anti-fatigue mask to reveal clearer, cleaner skin.

THALGO EYE EXPERT TREATMENTS

Wrinkle Correcting Pro Eye Treatment Add On To Facial		R360	An SOS treatment to smooth the eye contour area and lessen the appearance of fine lines and wrinkles, diminishing signs of ageing and fatigue for younger-looking eyes.
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DERMA-TX

Hydrating Facial	60 min	R810	A blend of botanicals and hydrating actives replenishes moisture, transforming dry, dull complexions into soft, radiant skin with a nourished, healthy glow.
Purifying Facial	60 min	R810	This deep-cleansing treatment exfoliates and purifies to restore balance to congested skin. It reduces excess oil, unclogs pores, and removes impurities to combat acne and breakouts while calming inflammation. The result is clearer, healthier-looking skin with minimised scarring and a matte finish that helps prevent future blemishes.
Anti-Ageing Facial	60 min	R810	This rejuvenating treatment combines potent botanicals and actives to cleanse, hydrate, and nourish deeply. It visibly diminishes fine lines and wrinkles while improving firmness and texture, revealing a luminous, youthful complexion with refined, even tone.
Express Facial	30 min	R520	A personalised express treatment designed around your individual skin needs. Whether targeting hydration, clarity, or radiance, this facial delivers focused results for all skin types.

manicures & pedicures

Deluxe Spa Pedicure	60 min	R510
Deluxe Spa Manicure	60 min	R480
Gelish Pedicure	60 min	R550
Gelish Manicure	60 min	R520
Nail Care & Gel Polish Overlay	45 min	R400
Classic Pedicure	30 min	R360
Classic Manicure	30 min	R360
Buff & Glaze	20 min	R280
Revarnish	15 min	R230
Gelish Add On	30 min	R210
Gelish Removal	20 min	R140
Acrylic Removal	45 min	R180
Gel Removal	30 min	R160
Paraffin Dip on Hands or Feet	15 min	R150
Heel Peel Treatment Add On	15 min	R160

30min Classic Manicures/Pedicures include shaping of the nails, cuticle care, a hand/foot massage and varnishing of the nails. In addition to our basic manicure/pedicures, deluxe treatments include an exfoliation and specialised mask application.



nail bar

Acrylic Dip Overlay (including Gel Polish Colour)	R450
Soft Gel Tips With Gel Polish Colour	R690
Soft Gel Tips With Nail Polish Colour	R630
Acrylic 2 Week Fill With Gel Polish Colour	R380
Acrylic 3 Week Fill With Gel Polish Colour	R420
Acrylic Removal With New Set Of Nails (additional to the price of the new set)	R140
Acrylic Removal	R170
Gel Removal	R160
Acrylic Nail Package	R1200
<ul style="list-style-type: none"> • Acrylic Dip Overlay, including Gel Polish (new set) • 2 Fills included • 1 Removal included 	



waxing

We offer a complete range of waxing services.
Please consult with your therapist to identify your specific needs and desired results.

Lip / Chin / Brow	15 min	R150
Full Face	30 min	R260
Underarms / Sides of Face	20 min	R200
Half Leg / Full Arm / Half Chest	30 min	R310
Full Leg	45 min	R440
Bikini / Half Arm	25 min	R210
Brazilian	40 min	R330
Hollywood	45 min	R370
Back / Chest Wax	45 min	R400

body treatments

SLIMMING

Bellabaci Cellulite Cupping Treatment	30 min	R730	Re-sculpt your body with the combination of cupping, hands-on massage and the use of a copper mitt, performed with premium hand-crafted all-natural aromatherapy oils formulated to target the visible signs of cellulite, expel toxins and breakdown lipids to detoxify and to give your body the ultimate deep cleanse. Target one area for 30min or target more than one area for 60mins.
	60 min	R1050	

spa beauty treatments

TINTING

The finishing touches for a healthy, well groomed, brand new you.

Tint Lash & Brow	30 min	R220
Tint Lashes	25 min	R160
Tint Brows	15 min	R140
Brow Shape & Tint		R260

lash lift & brow lamination

Lash Lift	30 min	R580
Brow Lamination	30 min	R580
Add Tint Lash/Brow	10 min	R95
Add Brow Wax/Shape	10 min	R95
Lash Lift + Brow Lamination Combo	60 min	R860





spa experiences

Re-Energising Couples Journey	1hr 30min per couple	R2 200	60min Aromatherapy Massage 15min Head Massage 15min Foot Massage
Gents Executive Package	2hrs 30min	R2 200	60 min Deep Tissue or Hot Stone Body Massage 60 min ThalgoMen Fortifying Facial Treatment 30 min Pressure Point Foot or Indian Head Massage
Camelot Spa Personalised Journey	2hrs 30min	R1 750	Tailor-make a Wellness Journey especially for you. Choose from any of the treatments below, and spend your desired amount of time in pure bliss. 30 min: <ul style="list-style-type: none"> • Back, Neck & Shoulder Massage • Indian Head Massage • Pressure Point Foot Massage 60 min: <ul style="list-style-type: none"> • Swedish Body Massage • Aromatherapy Body Massage • Thalgo Spa Skin Facial • Deluxe Spa Pedicure <p>Please ensure when booking this package, you inform the receptionist which of the treatments you have chosen.</p>

CBD Wellness Journey	2hrs	R1 850	Prepare to surrender yourself, body and soul to a dose of wellness. Sip on CBD infused tea and enjoy the stillness as you ease into this calming spa journey. <i>Goodleaf is a premium CBD brand which is natural, THC free and 100% legal.</i> 60min Signature CBD Wellness Massage 30min Signature CBD Pressure Point Foot Massage 30min CBD Radiance Facial Includes 10mg CBD Booster Drink
Mommy To Be	2hrs 30min	R1 450	60min Pregnancy Massage 30min Manicure 60min Deluxe spa Pedicure Snacks
Spa Taster	60 min	R920	30 min Back, Neck & Shoulder Massage 30 min Thalgo Illuminating Radiance Facial












CSpa Kids

12 YEARS & UNDER

 Quick Treat

 Ideal for Birthday Parties!

Enchanting Nails Hands and Feet, Shape & Paint	30 min	R370
 Magical Mani	20 min	R320
 Pixie Pedi	20 min	R320
 Little Princess Massage Little Prince Massage Back, Neck & Shoulders, Back of Legs and Arms	20 min	R380
 Royal Head & Foot Massage	20 min	R320
Little Duchess Facial Little Duke Facial	30 min	R560
 Tween Petite Personalised Journey Choose any three of the treatments below: <ul style="list-style-type: none"> • 20min Back, Neck & Shoulder Massage • 20min Booster Facial • 20min Revarnish Hands and Feet • 20min Hand Treatment • 20min Foot Treatment 	60 min	R850 pp
 Queen for a Day* (groups of 4 or more only) 20 mins Back, Neck and Shoulder Massage 30 mins DIY Facial *Spas with facilities only	50 min	R520 pp

Children must be accompanied by an adult at all times. An indemnity is required to be signed for each child.



gift cards & vouchers

Spoil someone special with a Gift Card or an Electronic Voucher, ideal for any occasion.

Gift Cards are available for walk-in purchase. CSpa Wellness Gift Cards are valid for 3 years from date of issue. This does not apply to complimentary or prize vouchers.

cancellation policy

- 24 Hours advance notice is required for cancellations and rescheduling, if this is not adhered to, 50% of the treatment fee will be charged.
- Late arrival will result in a reduction of treatment time whilst the full treatment fee will apply.

spa essentials

- Prices are valid for **2026** at CSpa Wellness Premium De Zalze Only.
- Booking in advance is recommended.
- Kindly arrive 15 minutes prior to your scheduled treatment(s) to change and complete a consultation form with your therapist.
- Please alert your therapist for the following contra-indications:
 - High blood pressure or heart conditions
 - Recent surgery Muscle or joint injuries
 - Allergy to iodine, or product allergies
 - Pregnancy, Epilepsy or Diabetes
- In a spirit of mutual respect we kindly request punctuality.
- Ensure cellular/mobile phones are switched off.
- Spa guests aged 16 years and under must be accompanied by an adult.
- Prices are subject to change without notice.
- Gratuities are not included in the treatment price. It is at your discretion to add a gratuity for treatment excellence.
- CSpa Wellness is not responsible for any theft, damage, loss or misfortune that may occur.
- Please note that products bought at our spas are not refundable.
- All prices are inclusive of VAT.



contact us

CSPA WELLNESS BY CAMELOT AT DE ZALZE

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Strand Road, Winelands Golf Lodges at De Zalze Estate, Stellenbosch

